

Due to processes within our kitchen environment, dishes may contain one or more of the 14 allergens including traces of nuts and/or gluten. Please inform your server if you have any food allergy, intolerance or sensitivity so they can provide further information on ingredients and preparation procedures.

V – VEGETARIAN VE – VEGAN  
 VVA – VEGAN VERSION AVAILABLE  
 GF – GLUTEN FREE GFA – GLUTEN FREE AVAILABLE



# NORTHERN SOLE / SPINNING SMALL PLATES

## KITCHEN & COMMON ROOM

All Dishes Served Small Plate/Tapas Style Portions.

### THE MAINS

All 8 each.

#### Sticky Korean Crispy Chicken )))

Sole fried chicken with a sticky, sweet and spicy Asian sauce topped with sesame seeds & spring onion.

#### Salt & Pepper Prawn 'No Bread' Taco With Mango Salsa

Breaded lightly spiced prawns with house mango salsa, pepper, onion & coriander salsa topped with mango chutney.

#### Indonesian Nasi Goreng With Chicken, Prawn or Veggies ))

(Contains Shrimp Paste)

Indonesian stir-fried rice with chillies, spring onion, carrot, mange tout (rodney!) topped with a griddled egg, onion & coriander.

#### Chippy Tea Croquettes

Cod, mash and mushy pea pool ball sized croquettes with 'no anchovy' house tartare.

#### Japanese Katsu Chicken Popcorn Bites

Breaded chicken bites topped with house Japanese katsu curry sauce.

#### Turkish Spiced Lamb Koftas (GFA) )

Spiced minced lamb kebabs on Middle Eastern cous cous drizzled with yoghurt & mint.

#### Middle Eastern Chicken Or Halloumi Shawarma (GFA) ))

Mouthwatering chicken thigh or halloumi marinated in a dozen Middle Eastern spices & grilled to perfection, chopped & stuffed into a flatbread with salad, minted yoghurt & sriracha sauce.

#### Chipotle Steak Taco (GFA) )

Chipotle marinated steak strips in soft tacos with house salsa & guac.

#### Crispy Balsamic Tofu & Smoky Chickpea Bowl (V, VE)

Chickpeas marinated in a smoky pesto sauce topped with griddled, balsamic flavoured smoked tofu with toasted pine nuts.

#### Samosa Chaat (V) )

Smashed up veg samosa topped with tamarind & mint chutney, chaat masala & mango powder, naita, pomegranate seeds & sev.

#### Paneer & Black Chana Roti Bowl (V)

Indian slow cooked black chickpeas topped with paneer cheese, mango chutney & lemon juice on a wholemeal roti bread.

#### Mustard & Maple Roast Veg With Crumbled Feta (V, GF, VVA)

Maple & wholegrain roasted veg topped with crumbled feta, balsamic glaze & sunflower seeds.

#### Beetroot, Squash, Lentil & Chestnut Wellie (V, VE)

Served in a puff pastry 'coyt' with redcurrant gravy.

#### Thai Sweet Potato & Squash Curry (V, VE, GFA) )

Red Thai broth of sweet potato, squash, red peppers & onions with mop up flatbread.

### THE SIDES

#### Them Little Sausages 5.5

Cup of baked glazed honey & mustard Brindon's chipolata sausages.

#### Bang Bang Cauliflower (V, VE) 6

Crispy paprika panko breaded cauli florets with a bang bang sriracha mayo.

#### Posh Potato Chats 6

Cubed spuds topped with either:

- 3 Cheese, baconaise & bacon crumbles. (V)
- Smoky tomato sauce & fresh parsley. (V, VE, GF)
- Japanese katsu curry sauce & spring onions. (V, VE, GF)

#### Little Caesar (V, GFA) 6

Romaine lettuce, home-made croutons, caesar dressing, black pepper & parmesan.

#### Mini Greek (V, VVA, GF) 6

Feta, tomato, black olives, sharp onion & cucumber with olive oil & oregano.

#### Skin On Fries (V, VE, GF) 3.5

#### Rice Bowl (V, VE, GF) 3.5

#### Flatbread (V, VE) 2.5

### THE KIDS ARE ALRIGHT

#### Mac 'N' Cheese Bites 6

Breaded elbow pasta & cheese sauce bites in a crumb coating with house BBQ Sauce.

#### 9" Dog 'N' Fries (Or Veggie/Vegan) 9

Seriously big pork dog in a brioche bun with any sauce you like.

#### Proper Chicken Popcorn 8

Chicken breast breaded with fries or rice with any sauce you like.

#### Chippy Tea Pool Balls 8

Cod, mash and mushy pea pool ball sized croquettes with ketchup.

#### Skin On Fries 3.5

Add cheese if you fancy.

#### Blackened Corn On The Cob 3

### SOLE EVENTS

#### Smile Council Comedy Club

Every 6 weeks

#### Never Mind the Bus Stop Music Quiz

Every month

#### Nowhere Man Live Acoustic

Every month

**And many more throughout the year  
 Ask at the bar for details**

### THE SPECIALS!

**See boards for a rotating  
 array of specials**

On when they're on, off when they're gone!

### THE SUPERGROUPS

Three suggested dishes for different palates & preferences.

#### THREE TREES

For a plant inspired diet.

#### Thai Sweet Potato & Squash Curry (V, VE, GFA)

#### Mustard & Maple Roast Veg With Crumbled Plant-Based Feta (V, VE, GF)

#### Beetroot, Squash, Lentil & Chestnut Wellie (V, VE)

Add some bang bang cauli to the mix too for a bit of crunch!

#### THREE AMIGOS )))

For spice fiends.

#### Sticky Korean Crispy Chicken

#### Indonesian Nasi Goreng With Chicken, Prawn Or Veggies

#### Middle Eastern Chicken Or Halloumi Shawarma (GFA)

Add a little greek or caesar salad to cool the fire.

#### THREE LIONS

For those who like flavour over fine.

#### Chippy Tea Croquettes

#### Salt & Pepper Prawn 'no bread' Taco with Mango Salsa

#### Crispy Balsamic Tofu & Smoky Chickpea Bowl (V)

Add some posh potato chats to mix it up.

# NORTHERN

KITCHEN &  
COMMON ROOM

# SOLE / SMALL PLATE SPECIALS

- Brindon's Roast Turkey & Gravy (GFA)** 8  
With stuffing balls & cranberry topped with sprout & parsnip twirly things.
- Oven Baked Camembert with bread (V, GFA)** 8
- Sticky Port Chorizo with pickled onion (GF)** 6
- Boxing Day Croquettes - Replaces Chippy Tea Croquettes** 8  
Turkey, tatties & stuffing croquettes with a dipping pot of gravy.
- Oozy Brie wedges with Cranberry ketchup (V)** 6
- Mushroom, Chestnut & Mozzarella Arancini (V)** 8  
With mushroom & creme fraiche sauce.
- Gunpowder Potatoes - Replaces Posh Chats (V, GF, VVA)** 6  
With yoghurt & mint.
- Raclette & Potato 'Chats'** 6  
Tray of mini 'tatey chats smothered in melted raclette cheese with all, any or none of pickles, sauerkraut & currywurst.
- Pigs in parkas - Replaces Them Little Sausages** 6



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